

## The Learning Circle

As Christians, we are to be a disciple of Jesus. The word Disciple means being "a learner"- learning from moments on life's journey.

### The main point of the Learning Circle is:

**"What is God speaking to you about?"** - recognizing moments when we know God is speaking to us wanting to teach us something

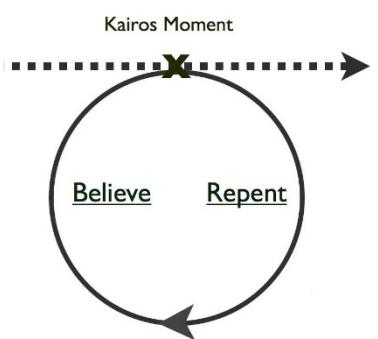
**"What are you going to do about it?"** - reflecting upon that moment, and coming to a place of action.

### **"Kairos Moments"**

- In the ongoing journey of time in our lives, there is a specific MOMENT, a Kairos moment - a moment in time.
- Identifying a Kairos moment is pressing the pause button to learn something, to reflect and to grow in that moment.
- Can be a crisis moment or challenging moment, conflict or confusion, can be just the Holy Spirit bringing a conviction to our hearts about something. Can be a moment of celebration, when things have gone well, a success. It can be a relationship conflict, a bad appraisal at work, a failure.
- We need to learn from these situations. We must stop and reflect in the moment.
- Moments we fail to learn from tend to repeat themselves.

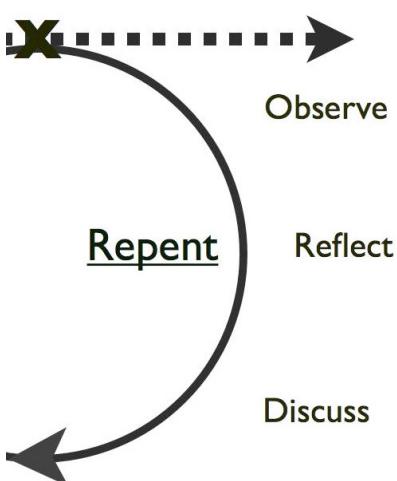
Mark 1:14-15

14 ... "The time (Kairos) is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel."



- There is a moment in time when the Kingdom of God is at hand
- Recognize it and respond to it.

The Learning Circle is journeying through these two responses – REPENT and BELIEVE



### **In the first half of the cycle we:**

**Observe** - "What" - What has happened? What is going on?  
What am I feeling? What's my reaction?  
What's been the impact of this situation?

**Reflect** - Take a step back from what you've observed happening - "Why" - Why has this happened? Why did we get into this situation? Why did I react like that? Why did I feel this way? Why have things gone wrong?

**Discuss** - Deliberately draw someone into the conversation.  
What do you think? Why do you think those things have happened? What do you see me doing? Tell me what you think.  
Challenge me where I need to be.

The question we want to ask in this first half of the circle is, "**What is God saying?**".



### In the second half of the cycle we:

**Plan** - deciding what to do next - making a plan.

**Account** - be accountable - it keeps us from making plans only in our head and not telling anyone. Those great ideas evaporate. If you tell someone and they ask you later if you did it, that has power. I'm more likely to do it because I've made myself accountable to do it.

**Act** - Doing what we've said

The question we want to ask in this second half is, "**What am I going to do about it?**".

Give it a try!

Talk around the circle with an example together, then individually think of a Kairos moment you feel comfortable to share.

Here are some suggested questions to help shape your thoughts:

#### Observe

What has God been trying to get my attention about?

What is going on?

What am I feeling?

What's been my reaction?

What's been the impact of this situation?

#### Reflect

Why has this happened?

Why did I get into this situation?

Why did I react like that?

Why did I feel this way?

Why have things gone wrong?

#### Discuss

What do you think?

Why do you think those things have happened?

What do you see me doing?

#### Plan

What's my plan of action?

What do I do next?

#### Account

What would I like you to ask me whether I've done the next time we meet?

#### Act

When do I get started?

Do it!